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Perfekt Balance (The Ætre Saga Book 3)



Synopsis

Become what you believe. Elsa Fredriksen knows there's a thin line between love and fear. As High Healer, she rights the wrongs committed by those who choose the darkness. But even Asgard's secret weapon can't undo every injury—especially when her fate is completely entwined with the god she's trying to save. Elsa's in love with the Norse God of Justice. But Forseti's heart is ruled by fear—fear that the past will repeat itself; fear that opening his heart will compromise his ability to do his job; fear that he'll hurt the one girl he desperately wants to protect. Again. When Elsa faces off against the very monster she once swore to protect, her survival depends on a power she isn't sure she can control. And when Forseti's worst nightmare unfolds in front of him, Elsa has to decide whether it's more important to hold the realms in perfect balance . . . or hold onto the guy she can't imagine existing without.

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Customer Reviews

I have decided that S.T. stands for Super Talented and that the author is secretly the scribe for Norse goddess of love Freya, because she makes me fall in love with her strong and quirky

characters, her visualization of various realms, her can't-put-the-book-down action, and her precise-and-eloquently-composed writing style. Most of all I love how she depicts love! In this book, I mean this in the sense that the romance between god of Justice, Forse, and High Healer, Elsa, is too cute. The dance between hesitation and moments of intense interest made me want to lock them both in a tower til they just accepted their Happily Ever After already! Because boy do they deserve it after the physical and mental turmoil they go through in the fast-paced adventure in this book with dark realms, poison, kidnapping, fighting, and facing those who'd betrayed them. I also mean love in the sense that the characters themselves have so much love and compassion for others, I am both humbled and inspired. Reading through Elsa's eyes gives an in depth view into how the use of energy and spirits to heal, support, and empower her friends and family. She even sees the good in her enemies. It is clear ST Bende did a lot of research to accurately depict Elsa's holistic and spiritual world, because I learned a lot and felt like I grew as a person; I highlighted several quotes as reminders and motivators to be a more positive, peaceful, content, and generous person. Forse is also a force to be reckoned with when he's protecting those he loves, but his is through action and swoon-worthy heroic defense that Perfektly Balances with Elsa. And let me just say that if that optimism, triumph and romance doesn't get you smiling like a goober, the quirk and humor of various characters in this Norse crew will. Another outstanding YA adventure through Norse mythology in the Aere saga. I cannot wait to see if the next one can trump this one

"I received a free copy of this book in exchange for an honest review." That being said let's get to the review. Up until April of 2015 I had no idea who S.T. Bende was, nor had I read any of her books. Now I own copies of eight (8) of her wonderful books. Each one of them is better than the one before. They are each books that can stand on their own merit but when read in order they just add to your reading pleasure. Each is filled with the mythology of the Scandinavian people. Plus there are recipes in several that when you fix the food your mouth will thank you. Now I am not a person to give you a spoiler. That is not my style. But you really owe yourself the joy of reading this book as well as the rest of the series. Perfekt Balance is a story of what people can do when they work together. Just read one of S.T. Bende's books and you will be hooked.

Another amazing story! Elsa is a beautiful character who no matter what the outcome still sees the beauty in everything! Forse is another character I was intrigued to get to know, what made him so closed off? Why wouldn't he admit to the love he had for Elsa? I got answers in this book. Elsa comes face to face with the person who unleashes the beast who killed her parents and with all the

hope and love she holds inside she finds good in said person. The plot twist caught me off guard and was a complete shock, but made it even better. Elsa's character is truly beautiful and she is Perfekt for the job of high healer and intern Unifer. I feel she will be the greatest teacher for Mia.

I want to thank ST Bende for creating her Realms. I cannot wait to read what is the next book in the series. What an adventure she has taken us on. The action and adventure makes this a book I could not put down. Elsa has a warriors heart but the compassion and goodness that literally shine out with every word you read. I love all of ST Bende's books and this one finally brought home to me one of the many reasons her characters are so real to me, the love and caring they show to one another makes us all wish, hope and dream that we too can surround ourselves with the same. The pureness of heart and spirit are clearly apparent. I want to live in the world created by ST Bende, although there are bad and negative things and people the good and just rightness of it outweigh the bad. I love the twists found in the book, family found in the least expected place. Hope given where you never believe it could be found. One final thing, the book boyfriends she has created are swoon worthy, the female's in her books are strong yet kind and pretty darn amazing. This book will remain one of my favorites and is already on my read again and again list.

Perfekt Balance, the third book in the awesome Æt̥re series, centers on Elsa and Forse. Each book in the series focuses on one particular couple but the other members of the group are featured throughout. I love that we get to see the characters in each book and learn more about them. These Asgardians are all really awesome! Elsa is Asgard's High Healer and sister to the War God Tyr. She was recently asked to become the Unifier, a role their mother held before she had been killed, but Elsa doesn't really want the job. As High Healer, Elsa focuses her emotions to help others and tries not to use violence in any way. She is sweet, caring, smart, funny and dedicated to her friends and family. She is also completely and totally in love with Forse. Forse is the God of Justice, a member of their group of Asgardians and a long-time friend of Tyr and Elsa. He is emotionally guarded, having been burned by an old girlfriend, which makes him fight his feelings for Elsa. He is strong, level-headed, sexy, stubborn and a God. Tyr recruits Elsa, his bodyguard/Valkyrie Brynn and Forse, to help him track down a killer in another realm. Things do not go as smoothly as they had planned and Elsa is captured. Elsa is faced with trying to escape, help her friends out of several tough situations and learn to use her Unifier abilities. This was a great story-line with a right amount of humor, suspense, action and romance. S.T. Bende has written another great book! I cannot wait to read the next one in the series.

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